

Media Monitoring Program
Media Sample for Phase II
(Only Kathmandu Center)

KATHMANDU CENTER

Electronic Media

Print Media

TELEVISION (Visual)
(n=6)

FM RADIO (Audio)
(n=7)

DAILY NEWSPAPER
(n=4)

WEEKLY NEWSPAPER
(n=4)

1. Kantipur TV
2. Nepal1 (Foreign) TV
3. Nepal TV
4. Avenues TV
5. Image Channel
6. Sagarmatha TV

1. Kantipur FM (96.1)
2. Radio Nepal (100.0)
3. Radio Sagarmatha (102.4)
4. Bhaktapur FM (105.4)
5. Gorkha FM (93.0)
6. Ujyalo FM (90.0)
7. Nepal FM (91.8)

1. Kantipur
2. Gorkhapatra
3. Samacharpatra
4. The Himalayan Times
(English Version)

1. Deshantar (Published on Sunday)
2. Janabhawana (Published on Monday)
3. Janadesh (Published on Tuesday)
4. Budhabar (Published on Wednesday)